

**ELK GROVE POLICE DEPARTMENT
2012 AOT Firearms Course
COURSE OUTLINE**

COURSE GOAL:

The course will provide the trainee with the minimum topics of tactical firearms and lethal force required in the POST Perishable Skills Training Program (PSP). The trainee will develop the necessary firearms tactical knowledge and skills to survive and **win** a realistic lethal force encounter. The course consists of a hands-on /practical skill firearms training for in-service officers.

FIREARMS UPDATE

Minimum Topics/Exercises to fulfill PSP requirements (corresponding letter(s) will be noted in the right hand column throughout the outline):

- a. Basic Tactical Firearms Situations, Judgment and Decision Making Exercise(s)-expanded outline must define each exercise and its terminal objective(s).
- b. Class Exercises/Trainee Evaluation/Testing
- c. Safety guidelines/orientation
- d. Sight alignment, trigger Control, accuracy
- e. Target recognition and analysis
- f. Weapons Clearing
- g. Live Fire tactical/or Simunitions Tactical
- h. Policy and/or legal issues
- i. Use of Force considerations (options)
- j. Moral obligations

COURSE OBJECTIVES:

The trainee will:

1. Demonstrate knowledge of their Department Use of Force and Firearms Policies.
2. Identify the tactical analysis key points related to tactical firearms as reported in the POST Law Enforcement Officers Killed and Assaulted (LEOKA) studies (1994 to present).
3. Demonstrate a minimum standard of tactical handgun proficiency with every technique, exercise, and course-of-fire, to include:
 - A. Judgment and Decision Making
 - B. Weapons Safety
 - C. Basic Presentation Technique
 - D. Fundamentals of Shooting
 - E. Target/Non-Target Identification

- F. Speed, Accuracy and Effectiveness under stress and movement conditions
- G. Shot Placement: stopping Power and Multiple rounds

Minimum standards of performance shall be tested by an instructor observing the trainee during their performance of each technique, exercise and course-of-fire. If the trainee does not meet minimum standards, as established by the presenter, remediation will be provided until the standard is met.

EXPANDED COURSE OUTLINE

I. INTRODUCTION

A. Introduction

- 1. Administration / Registration/Orientation/ Safety Brief/ Course Overview **I(c)**

B. Department Policy

- 1. Use of Force & Discharge of Firearm **(h,i,j)**
 - a. Legal, Moral, Ethical issues
 - b. Graham v. Conner
 - c. Tenn. v. Garner

II. PURPOSE

A. The purpose of this course is to cover three topics regarding firearms skills for the individual officer in the field. The topics are:

- 1. Provide refresher training in the application of the fundamentals of marksmanship, weapons presentation (drawing the firearm), two handed and one handed weapons handling, and emergency reloading skills.
- 2. Applying the previously mentioned topics with tactical movement techniques relative to an engagement in the open with a combative subject. These techniques include moving back to gain distance from the threat, lateral movement to avoid becoming a stationary target, and seeking cover if available.
- 3. Reinforce communication between trainees regarding the condition of their weapon and providing protection for each other. The terms "Red", "green", and "Covering" will be used throughout the training day.

III. CORE FIREARMS SKILLS

I(d,e,f,g)

A. Fundamentals of Marksmanship

1. Strong Hand Only, SHO

- a. The purpose is to reinforce understanding of marksmanship fundamentals and skill at shooting with the strong hand only.
- b. Instructors will demonstrate proper stance relative to a SHO shooting platform. This includes torso positioning for effective use of body armor and support hand placement for additional protection of the vitals.

c. Range Drills

1. **Timed Intervals, SHO**

- a. Utilize the turning targets, one target for each trainee.

1. Each timed interval will be for **5 seconds.**

- b. The drill starts with;

1. Trainees at the low ready, SHO.
2. Targets are turned away.

- c. Once the target turns and faces the trainee;

1. Trainee will fire as many rounds as they can effectively hit the established target area. This will be continuous fire until the targets turn away.

2. Once targets turn away, trainees will assess and scan the area before returning to the low ready SHO.

- d. This drill will be repeated for 2 full magazines at the 3 yard line and then 2 full magazines at the 7 yard line.

- e. Instructors need to provide coaching during the intervals to help correct any shooting errors trainees may have.

2. Strong Hand Supported, SHS

- a. The purpose is to reinforce marksmanship fundamentals when shooting strong hand supported.
- b. Instructors will demonstrate proper stance and grip of the weapon.
- c. Range Drills
 1. **Timed Intervals, SHS**
 - a. Utilize the turning targets, one target for each trainee.
 1. Each timed interval will be for **3 seconds.**
 - b. The drill starts with;
 1. Trainees at the low ready, SHS.
 2. Targets are turned away.
 - c. Once the targets turn and face the trainee;
 1. Trainee will fire as many rounds as they can effectively hit the established target area. This will be continuous fire until the targets turn away.
 2. Once targets turn away, trainees will assess and scan the area before returning to the low ready SHS.
 - d. This drill will be repeated for 2 full magazines at the 3 yard line, for 2 full magazines at the 7 yard line, then 2 full magazines at the 15 yard line, then 2 full magazines at the 20 yard line.
 1. At the 15 and 20 yard line, increase the time intervals to **6 seconds.**
 - e. Instructors need to provide coaching during the intervals to help correct any shooting errors trainees may have.

B. Five Count Presentation

1. The purpose of this block is to reinforce the 5 Count Presentation which is designed to allow the trainee to draw the firearms from the holster in an efficient fashion so they can engage a threat.
2. Instructor will demonstrate the proper use of the 5 Count Presentation.
3. Range Drill
 - a. Turning targets will be utilized. When the targets turn toward the trainees this will simulate and threat presenting itself. The trainee will draw and fire continuously until the targets turn away. When the targets turn away this will simulate the threat being incapacitated. Trainees conduct their assessing and scanning then holster on their own.
 - b. Instructors will run this as timed intervals. The targets will present themselves to the trainee for 2 to 3 second intervals.
 - c. The drill will be done at the 7 yard line and for all three magazines on the trainee.

C. Speed & Accuracy Drill

1. $\frac{1}{2}$ & $\frac{1}{2}$ Drill
 - a. 10 rounds in the gun and 10 rounds in each spare magazine
 - b. Fire 10 rounds from the 20 yard line in 12 seconds
 - c. Fire 10 rounds from the 10 yard line in 6 seconds
 - d. Fire 10 rounds from the 5 yard line in 3 seconds
 - e. Starting from the holster at each stage
 - f. Use the turning targets

D. Emergency Reloading

I(f)

1. The purpose of this block is to reinforce the trainees' ability to conduct emergency reloads (weapons clearing) and get their firearm back into service.
2. Instructors will demonstrate examples of efficient emergency reloads.

3. Range Drill

- a. Utilize steel targets if available. If steel targets are not available establish a small target zone on the paper targets. The purpose for the steel targets or small target zone is to help the trainee continue maintaining their fundamentals after the emergency reload.
- b. Drill will be done from the 7 yard line and trainee will start with the firearms in the holster. Break the class into 2 shooting relays.
- c. Preload the magazines with random number of rounds. No less than 2 rounds and no more than 5 rounds per magazine.
- d. On the instructors command, trainees will draw their firearms and shoot all their rounds conducting emergency reloads as they appear. Once everyone has fired all their rounds and is holstered, the instructor will have them collect the magazines off the ground. The relay will then step off the firing line and reload their magazines in the same fashion. The next relay will step on the firing line and run through the drill.
- e. While one relay is shooting the other is loading magazines.
- f. Run the relays through the drill for one full box of ammunition, 50 rounds.

IV. MOVING OFF LINE

I(d,e,g,f)

A. Gaining Distance

1. The purpose of this block is to teach the trainee the value of gaining distance from a threat.
2. Instructor will discuss techniques for drawing and shooting on the move going backwards.
3. Range Drill
 1. Still maintaining two shooting relays, the shooting relay will start 1 yard from the turning target. The target will be faced away from the trainee.

2. When the targets turn and face the trainee, the trainee will simultaneously draw their weapon, move backwards and engage the target with continuous fire until the target turns away. Trainees will stop moving at that point and Scan and Assess, then holster on their own.
3. Each relay will go through the drill 3 times.

B. Lateral Movement

1. The purpose of this block is to incorporate lateral, side to side, movement while simultaneously gaining distance from the threat.
2. Instructor will discuss techniques for drawing and shooting on the move going backwards and incorporating side to side movement.
3. Range Drill
 1. This drill will be conducted two trainees at a time. Each trainee will have their own safety officer. The lead instructor will initiate the drill and control the turning targets. Trainees will start 1 yard from the turning target. The target will be faced way from the trainee.
 2. When the targets turn and face the trainee, the trainee will simultaneously draw their weapon; move backwards and side to side while engaging the target with continuous fire until the target turns away. Trainees will stop moving at that point and Scan and Assess, then holster on their own.
 3. Each trainee will go through the drill 2 times.

C. Emergency Reloading

1. The purpose of this block is to incorporate the ability to conduct an emergency reload while moving back and side to side from the threat.
3. Range Drill
 1. This drill will be conducted two trainees at a time. Each trainee will have their own safety officer. The lead instructor will initiate the drill and control the turning targets. Trainees will start 1 yard from the turning target. The target will be faced way from the trainee.

2. Trainees will have 5 rounds in the weapon and 5 rounds in each magazine.
3. When the targets turn and face the trainee, the trainee will simultaneously draw their weapon move backwards and side to side while engaging the target with continuous fire, conducting emergency reloads as they appear, until the target turns away. Trainees will stop moving at that point and Scan and Assess, then holster on their own.
4. Each trainee will go through the drill 2 times.

V. COMBAT STREES DRILL

I(a,b,c,d,e,f,g)

A. Purpose

1. The purpose of the drill is to allow the trainee to pull together all the techniques covered in the previous training blocks. The drill will also incorporate the utilization of barricades for cover and concealment from a threat.
2. This drill will be conducted one trainee at a time. A Safety Brief will be given to each trainee to ensure they understand the exercise. One instructor will be with the trainee as a Safety Officer and one instructor will have overall control of the drill and operate the turning targets.
3. Objectives-each trainee will be expected to perform to the standard in the following areas:
 - a. Basic Tactical Firearms Situations, Judgment and Decision Making Exercise(s)-expanded outline must define each exercise and its terminal objective(s).
 - b. Class Exercises/Trainee Evaluation/Testing
 - c. Safety guidelines/orientation
 - d. Sight alignment, trigger Control, accuracy
 - e. Target recognition and analysis
 - f. Weapons Clearing
 - g. Live Fire tactical/or Simunitions Tactical

4. Stage 1
 - a. Trainee will start out with 6 rounds in the gun and 6 rounds in each magazine.
 - b. Trainee will be at the 1 yard line from the center turning target. Target will be turned away from the trainee.
 - c. On the lead instructor's initiation, the center target will turn and face the trainee simulating a threat presenting itself. This is an open area engagement.
 - d. The trainee will engage the target while moving back and side to side.
 - e. When the trainee conducts their first emergency reload the instructor will turn the target away. The trainee needs to reload on the move and seek cover to one of the barricades.
5. Stage 2
 - a. From the cover of the barricade the trainee will be scanning for additional threats.
 - b. Each barricaded position will have its own turning target. When the target turns the trainee will engage the target from cover. When the trainee conducts an emergency reload the instructor will turn the target away.
 - c. Once the trainees' weapon is reloaded, that barricaded position will be compromised and the trainee will have to run to the next barricade (Stage 3).
6. Stage 3
 - a. Once behind the last barricade, the target will turn and the trainee will engage that target until it turns away. This will conclude the drill.
6. It does matter which of the barricades the trainee moves to first.
7. Each trainee will go through the drill one time.
8. See drill diagram for details.

Testing: Any trainee scoring below standard on any exercise, as established by the presenter, will be remediated and tested until the standard is achieved.

DRILL DIAGRAM

